

EDITORIAL

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It's Not Just About Archery

There's a very old saying "the way you do anything is the way you do everything." Maybe that's why some of the people we respect most also happen to be archers. The thoughtful attention to detail, patience, self-knowledge, and fun-loving spirit that improves their scores also makes them the best people to have as friends.

We dedicate this issue to two dear friends we recently lost. Lee Groghan, who shot as beautifully with his camera as he did with his bow, and Linnie Washburn, who helped lay out and create our home club's field range and who once shot the Las Vegas tournament in red high heels; we love and miss them both.

There's something about archery that feeds the multidimensional soul. The kid, competitor, scholar, historian, or techno-nut within us gets to get into the act. Pushing 60 (Shhh, the surprise birthday party is in October.), Steve felt like a kid while taking on traditional archery and competing at the NAA Nationals among some of his idols (see page 39). In this issue alone, we go from learning modern tools for getting into the elusive "zone" to an ancient Japanese approach to achieve much the same state, from bow documentation to the mechanics of the predraw, and the effects of self-imposed pressure. The world of archery is constantly surprising us with its diversity-and we're happy that we get to explore it with you.

Claudia



"Got Arrows? Awwwk."
Buddy the parrot is our newest archery friend who cheered on Steve at the Traditional Nationals (see page 39). He's posing here with the gold medal won by his owner, Janet Dykman.