



COVER ART BY
CLAUDIA STEVENSON

Departments

- 4 THE ELITE ARCHER *Rick McKinney*
The U.S. Archery Team—The Beginning Years
- 18 COACHING ARCHERY *Tim Scronce*
Want to Play a Game?
- 24 MENTAL SKILLS *Lanny Bassham*
Dealing With Distractions, Part 2
- 36 AUDIOBOOK REVIEW *Steve Ruis*
Mastering the Mental Game of Archery, Vol 1:
Building the Triad
- 38 TRADITIONAL ARCHERY *Brian J. Luke*
My Second Second Chance

Features

- 7 COMPOUND TECH 300 *Tom Dorigatti*
How to Measure Up a Custom Built
or Self-Built String and Cable Set
- 12 SPECIAL FEATURE *Loretta Sinclair*
The Gear Bag
- 14 SPECIAL FEATURE *Van Webster*
Hot-Rodding a Mathews Genesis Bow
- 21 SPECIAL FEATURE *Steve Ruis*
On Beginning a Coaching Library
- 27 SPECIAL FEATURE *Scott Bills*
Making Your Own Outdoor Target Backstop
- 30 SPECIAL FEATURE *Jane Johnson*
You Be the Judge (Really!)
- 32 SPECIAL FEATURE *Colin Remmer*
Are You Losing Interest in Archery
- 35 RECURVE TECH 200 *John Vetterli*
What is Archery, Anyway?
- 43 THE X-2 CROSSWORD PUZZLE *Tom Dorigatti*