SKI ARCHERY

This appendix is a complement of the introduction provided in this press file.

HISTORY OF SKI ARCHERY

The most ancient pictures showing a skier carrying a bow are found through the work of the Norwegian Olaus Magnus (XVI century – about 1540). It is noticeable that the character was represented when shooting both standing and kneeling with very short recurve bows. The discipline saw its rebirth in Italy in 1983. Since then, ski archery went through many changes and modifications that brought us to the rules currently in use.

BASIC CONCEPTS

The principles of this discipline are considerably different from those valid in target or field archery.

- The target (of 16cm diameter) has only one score zone and is shot according to the "hit or miss" principle. Reaching the spot does not give any advantage as it only serves of aiming point.
- Each miss means that there will be either a penalty loop of 150m or a 1 minute penalty.
- The time allowed for shooting is not limited however, it is an integral part of the race time.
- The athlete must be able to manage himself his strength and physical condition at the shooting range.
- The shooting technique and the way of carrying the bow do not have any restriction. The competitor must choose himself his way to obtain the best result. The athletes are only allowed to use the recurve how
- The arrows must hit the target and let it fall, but they must not stick into it.
- This discipline is intended for men and women who practise sports and is not aimed for a precision shooter.
- A specific training is required and must include both skiing and shooting.
- The equipment has to be suitable for this discipline and does not have to be the same as the one used in the separate disciplines. NB: The arrowhead must be spherical.
- During the competition, silence is not required so that the spectators may encourage their competitors.

EVENTS

Class	Type of	Shooting Ends	Number	Shot penalty
	competition	and positions	of Ends	
MEN	12.5Km Individual	SKSK	4	1 minute
	7.5 Km Sprint	SK	4	150 m loop
	10 Km Pursuit	SKS	3	150 m loop
	4*6 Km Relay	SK	2	150 m loop
WOMEN	10 Km Individual	SKSK	4	1 minute
	6 Km Sprint	SK	4	150 m loop
	8 Km Pursuit	SKS	3	150 m loop
	3*6 Km Relay	SK	2	150 m loop
JUNIOR MEN	10 Km Individual	SKSK	4	1 minute
	6 Km Sprint	SK	2	150 m loop
	8 Km Pursuit	SKS	3	150 m loop
	4*6 Km Relay	SK	2	150 m loop
JUNIOR WOMEN	8 Km Individual	SKS	3	1 minute
	4 Km Sprint	S	1	150 m loop
	6 Km Pursuit	SK	2	150 m loop
	3*6 Km Relay	SK	2	150 m loop

S = Standing / K = Kneeling