

# **ARCHERY CV AND BACKGROUND TRAFFORD FAMILY** 11/24/09

## **Rachael Trafford 16 Years Old**

Started shooting at 2 years old

Has won three IFAA world field championships in the under-12 division

Has set 3 world records in the cub division for barebow recurve (two since broken by Heather and Miriam; a 3 separate world records are now held by the three sisters)

US Junior Olympic "Dream" Team 2008/2009 and 2009/2010

US National Field Team member 2008, competed in Wales England 2008

10<sup>th</sup> in the world in the girls "18 and under" Olympic division Wales England 2008

Played Star Spangled Banner live for US Team's gold medals in Wales England 2008

Louisiana girls high school archery champion 2008, 2009 (High School won state championships)

Has won the US nationals twice (lived overseas for most of her life, so has not been able to compete in every US nationals)

Has won four consecutive North American champs with world or North American national records shot at each one

European junior archery champion twice (shooting for England while in Switzerland and England)

Has shot in world championships on four continents; twice in Africa

Has taken silver medals in the world field in Africa and Scotland; gold thereafter

Lifetime perfect grade average in the gifted program in school (Europe and USA) 4.9 GPA

Highly ranked high school musician in the state of Louisiana in violin

2<sup>nd</sup> in the state in the science fair (microbiology)

Named Archer of the Year in the Texas JOAD program in 2007/2008

Won the Texas state field, target and indoor champs many times

Wants to be a neurosurgeon: aiming for Harvard like her grandfather, great grandfather

Past captain of her soccer team (played goalie in Samuel Jackson movie "The Cleaner")

Varsity softball team Caddo Magnet (shortstop/3<sup>rd</sup> base)

Made varsity as a freshman at Caddo Magnet High School (CMHS)

3<sup>rd</sup> in state in the girls softball Little League championships

Elected Treasurer of the freshman, sophomore and now junior class at CMHS

Lived in Budapest, Hungary for six years and shot throughout Europe with her family

Won 2009 National Target Championship junior clout and broke the national record (163 out of 180 while taking 6th at this event. (barebow background really helps on the clout)

## **Heather Trafford 14 years old**

Youngest athlete to ever make a US National Adult Team (age 9 in 2002)

US National Field Team member 2008, competed in Wales England 2008

4<sup>th</sup> in the world fita champs in the 18 and under barebow division Wales England 2008

Played Star Spangled Banner live for US Team's gold medals in Wales England 2008

And (along with her sisters) at the 2009 JOAD Nationals in OK City & Philadelphia PA July 4th

US Junior Olympic Team 2009/2010

US Junior Olympic "extended team" 2009

Selected by US National Head Coach Kisik Lee to travel to El Salvador for competition in July 2009

Won 2009 gold medal team medal as an adult against central and South America in El Salvador

Shot overall high woman's score as a guest in the 2009 California State Target

US National Team Junior team at 2009 US World Indoor

Shot with US Team in Poland in March 09 for world indoor championships

World IFAA champion twice (Australia 06, Namibia South Africa 08)

Three time silver medalist in the world champs (behind her sister Rachael)

Current world record holder in one of three available rounds (3 world records: 3 sisters)

US Archery junior field champion

22<sup>nd</sup> in the world in the adult woman's FITA field division in Croatia in 2002 (while 9 years old)

All State violinist in 2008/2009

Wants to be a microbiologist or engineer; aiming for the Air Force Academy  
Honors student in the gifted program at a “top 10” US ranked magnet high school  
Class officer - treasurer - of freshman and now sophomore class at CMM  
One of the top hitters in the softball league for girls in Louisiana  
Varsity softball freshman year at Caddo Magnet High School  
Runner up in JOAD Nationals 2009  
Tied for 2<sup>nd</sup> in National Target: settled for 3<sup>rd</sup> in tie breaker  
6<sup>th</sup> in SI Cup in 2009  
Started shooting a sight in December 2008

### **Miriam Trafford 12 years old**

World archery champion juniors 2008 Namibia South Africa  
World records – beat Rachael and Heathers records – set in Namibia South Africa 2008  
US National field team 2008-2009 member, competed in Wales England Sept 2008  
2<sup>nd</sup> in the world “18 years and under” FITA barebow division Wales England Sept 2008  
2006 IFAA World field silver medalist in Australia (behind Heather)  
North American champion 2008 with new North American hunter round record of 541 out of 560  
Two time bronze medalist (Worlds in USA 2004 and Scotland 2002 behind her older sisters)  
Two time bronze medalist NAFAC (behind her sisters)  
One time silver medalist 06 NAFAC (behind her sisters)  
Texas Junior Olympic archer of the year 2006, 2007, 2008, 2009  
Highly ranked All State musician – violin and voice – in Louisiana All State Chorus and Orchestra  
City Little League champions 2009 (Won stolen bases award for city wide league)  
Plays first base for the “Storm”: a well known traveling softball girls team  
Member of school districts talented art program: wants to attend Texas A&M as an architect  
Was best athlete in her elementary school  
Won the 2009 SI Cup, 2009 National Target and took 2nd in JOAD Nationals.  
Named to US Jr Olympic team in 2009 along with her two sisters

### **Hardy Trafford 10 years old**

Won world championships for IFAA barebow recurve at 4 years old  
2<sup>nd</sup> in the world 2008 (Russian 12 year old won) in Namibia South Africa 2008  
US Archery national field team 2008-2009 member, competed in Wales England Sept 2008  
9th in the world 18 years and under FITA barebow division Wales England Sept 2008  
Four time North American field archery champion  
Holds all North American field records for boys 12 and under  
Has won numerous Texas and Louisiana state championships  
Texas Junior Olympic archer of the year 2008  
Shooting barebow - won the 2009 SI cup, took 8th at JOAD Nationals and took 2nd in Target  
Shot a 1304 barebow fita round during the National Target and 2<sup>nd</sup> highest distance ever shot

### **Li Ping Trafford**

Four time world barebow field champion (IFAA) won in So Africa 2000, Australia 2006, USA 2004, Namibia 2008  
US National Team member for NFAA (BB) which competed in Africa 2008  
US Archery National field team 2008-2009 member, competed in Wales England Sept 2008  
NAA National Team Member (with Olympic champions Jay Barrs, Rick McKinny etc) 1998  
Three time European champion (while shooting for England)  
Hungarian National Team member 2002 (while shooting for Hungary)  
6 time North American champion  
Holds all barebow IFAA north American records  
USA Archery High Performance certified coach 2008  
Coaches all four children as a member of the Junior Dream Team Coaching Staff

## **Skip Trafford**

7 time world archery champion in individual and team (IFAA field world record holder)

8 time US National Team member (US Archery and NFAA)

6 time North Am champion (holds all North American barebow records)

2 time European barebow champion

2009 US National Team selectee for World Games in Taiwan in August 2009

US Archery National field team 2008-2009 member, competed in Wales England Sept 2008 \*

World, North American and national record holder

2009 USAA National barebow champion

Hungarian National field team member 1998

England National Team member (IFAA/EFAA) 1999/2000/2001

47 years of competitive shooting around the world

2009 national clout champion (shooting barebow against sight shooters)

2008/2009 US National target barebow champion

Placed 16th in the World Games in Taiwan

### Fun Family Facts:

\*Entire family of six made the US National Team and competed together in Wales England 2008

FITA featured the Traffords on its website in fall 2008

Li Peng's father is a famous pastor in Taiwan. He baptized all four children in the Jordan River in Israel at the same place where John baptized Jesus.

Hardy was named after close friend Hardy Ward; 1969 world target champion, former Taiwan Olympic coach and best man at Charlene and Skips wedding in 1990. Hardy and Skip remain very close to this day

Skip won an Austrian fita field archery championship in 1998 while carrying Miriam on a backpack around the field course in the Alps



Entire family of six made the US National Field Archery Team and competed in Wales in 09/2008  
From left: Skip, Heather, Miriam, goat, man with goat, Miriam, Charlene, Hardy



Rachael wins Field Nationals/makes US Team in Spokane 2008 in a very close race on the last target





2004 6 world champions  
Africa



2008 World barebow IFAA champion in Namibia



Miriam beat China in the semi finals and lost to an 18 year old in the gold medal match in Wales





US National Field Team in Wales England in September 2009. Six smiling Traffords...



Heather was 9 years old when she made the adult BB US National Field team for Croatia 2004 Note proud dad just behind her in picture.





Hardy and Miriam shot with the Bushmen each day in Namibia

Heather shooting in Wales



Hardy shooting in Wales: a 9 year old vs the 18 year old Italian next to him who won...



The girls played the Star Spangled Banner three times for the 3 US Gold medalists!





Skip shooting during US Team Trials in Spokane 2008



Skip Trafford, 2008 US National Target Championship, with shooting glasses