

# USA Archery Level 3 NTS Coach Certification

**Taught by Ron Carmichael, L4 NTS Coach  
with Holly Avendano, L4 NTS Coach**

The Level 3-NTS Coach Certification Course moves away from a group instruction and focuses on individual athlete development. Students in the Level 3-NTS Coach Certification Course will be introduced to coaching philosophy, event preparation, mental skills, training cycles and plans, equipment tuning and receive advanced instruction on the National Training System (NTS) for Recurve and Compound. Coach Avendano adds special emphasis on Biomechanics, Nutrition, and Exercise Physiology.

## Certification Requirements

- Membership to USA Archery\*, National Field Archery Association (NFAA) or Archery Shooters Association (ASA)
- USA Archery Background Screening
- SafeSport training
- Must successfully complete the Mental Management 101 Course (Effective January 1, 2016)

## Course Length

20-24 hours (dependent on class size)  
Friday: 4-8 pm  
Saturday & Sunday: 9am-6pm

## Prerequisites

- Minimum age is 19
- Must hold a current Level 2 Instructor certification for a period of one year OR
- Pass the Level 3 Test-in Exam AND
- Verify 3 years of documented archery instructor/coaching experience

## Course Cost

\$325

## Course Dates & Locations:

June 24-26, 2016; Texas Archery Academy,  
600 Accent Drive, Ste B, Plano, TX 75075

## Certification Period

Three years from the date of course completion

## Benefits

- Qualified to instruct Level 1 and Level 2 Instructor Certification Courses
- Qualified to be the lead Instructor for an Explore Archery program, JOAD, Adult Archery Program and/or Collegiate Archery Program Club
- Eligible for USA Archery insurance coverage. [See USA Archery Insurance page for requirements.](#)

\*A Temporary, Recreational, and/or Youth Membership option will not satisfy the membership requirement.

\*\*USA Archery membership required; NFAA and/or ASA membership will not satisfy the membership requirement.

\*\*\* <http://www.teamusa.org/usa-archery/membership/membership-insurance-benefits>

Instructors or coaches may also test-in to the Level 3-NTS course if they are not a Level 2 USA Archery Instructor if in addition to the prerequisites, at least one of the following must be met: 1) competed in the Olympics, Paralympics or World Championships, 2) trained in the USA Archery Resident Athlete Program or 3) current Level 3 or Level 4 Coach

**To register contact Coach Holly:**

**E-mail: [ParamountArchery@gmail.com](mailto:ParamountArchery@gmail.com)**

**Phone: 512-943-2026 (no text)**