

# Technique of Champions

Are you interested in what the best archers in the world are doing and why? This seminar presented by **Guy Krueger**, US Archery Team Member, offers in depth coverage of the techniques and methods of the best archers in the world. This seminar examines the techniques used by the best in the world, techniques backed by science, and explained in a manner that anyone can understand and utilize. It is targeted for recurve archers and coaches, but will also benefit compound archers as well. These techniques are not a bag of tricks or goofy gimmicks. This seminar will give you the information to become the **BEST**, and directly compliments the new **BEST** Method adopted by the NAA.

## Contents

1. Korean system-biomechanic overview, training, coaches
2. Biomechanics
3. Execution
4. Proper Training
5. Mental Training
6. Champions
7. Equipment/Tuning
- \* Shooters' School

## Qualifications:

2005 US Open **Champion**

2005, 2003, and 2001 US World Team Member

2004 3<sup>rd</sup> National Indoor and Outdoor

2003 3<sup>rd</sup> National Outdoor

2003 Pan Am Games Gold and Silver Medalist

2002 World University Bronze Medalist

2000 World University **Champion**

US Archery Team Member 2001, 2002, 2004, 2005, and 2006



**High scores:** 1324, 313@90m, 339@70m, 338@50m, 357@30m, 171@18arrow OR, 115@12 arrow OR, 587@18m

Contact Guy via email at [guy\\_krueger@yahoo.com](mailto:guy_krueger@yahoo.com) for prices and scheduling.